



LAKE ROAD PTA SCHOOL

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ANTI-BULLYING POLICY

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1.0 Preamble

One of our stated aims at Lake Road PTA School is that we should provide a truly serene community school. All members of our community should feel safe and secure. Parents should be able to send their children to school confident that they will enjoy a caring atmosphere in which they may attain the full benefits of their education.

Adults and pupils at Lake Road PTA School have the right to work together in an atmosphere of mutual trust and co-operation.

THEREFORE, BULLYING OF ANY NATURE IS UNACCEPTABLE!

While bullying is not a major problem at our school we are not complacent. We have, therefore, formulated the following policy guidelines. We believe that all members of our community should know and understand the steps we will take if bullying should occur at school.

2.0 What is Bullying?

Bullying is the deliberate, conscious desire to hurt someone's feelings, threaten or frighten somebody physically or to steal or damage their property.

Bullying Can Be:

- 2.1 **Physical** - involving pushing, punching, spitting, biting, hitting or kicking.
- 2.2 **Verbal** - involving name calling, teasing, taunting or threatening.
- 2.3 **Silent** - involving the isolation of the victim by ignoring him or her or by excluding him or her from group activities.

Other forms of bullying can involve:

- 2.4 **Rude Gestures**
- 2.5 **Deliberate Damage** to the victim's property.
- 2.6 **Extortion** of money, sweets or other belongings
- 2.7 **Malicious Gossip**
- 2.8 **Forcing** the victim to do something against their will.

3.0 CHILDREN / LEARNERS!

- 3.1 You should understand what bullying is, and how it affects people.

3.2 You should tell someone if there is anywhere in particular where bullying takes place.

3.3 You should tell someone if there is any activity which gives an opportunity for bullying.

3.4 You should tell someone if you see someone bullying.

3.5 Who should be told?

3.5.1 Your parents

3.5.2 Your Teacher

3.5.3 The Head of Section or Senior Teacher

3.5.4 The Head Teacher

3.5.5 Or any adult in our School.

**DON'T JUST WATCH, TELL SOMEONE
TOGETHER WE CAN PREVENT BULLYING
AT LAKE ROAD PTA SCHOOL**

3.6 IF YOU DELIBERATELY

3.6.1 Hit, kick, spit, bite, pull hair or do other things to hurt someone's body . . .

YOU ARE A BULLY!

3.6.2 Spread rumours, leave people out, call people names or make them feel hurt inside

YOU ARE A BULLY!

3.6.3 Make gestures or comments, intimidate people, demand their money or property, or damage their work or possessions

YOU ARE A BULLY!

3.7 IF YOU ARE FOUND TO BE A BULLY

3.7.1 You may be asked to write an account of your actions.

3.7.2 You will talk through your actions with a teacher and discuss how

3.7.3 you can make a proper apology to the person you have bullied.

3.7.4 Your parents will be informed.

3.7.5 Your parents may be asked to come to school to discuss your behavior.

3.7.6 A record of what you did, and the action taken, will be placed in your records.

3.7.7 If you continue to be a bully, you could be excluded from school.

3.8 IF YOU ARE BULLIED

3.8.1 Try not to show you are upset.

3.8.2 Stay with a group of people. There is safety in numbers.

3.8.3 Don't fight back –this can make things worse.

3.8.4 Try to be assertive – Say NO and walk away confidently.

3.8.5 Tell someone.

4.0 OUR PROMISE

4.1 We will treat every complaint connected with bullying seriously, whatever the circumstances.

4.2 We will try to deal promptly, sensitively and efficiently with all incidents.

5.0 HOW CAN PARENTS HELP?

5.1 Watch for signs of distress in your children e.g. if any possessions are missing.

5.2 Inform the school immediately if you think your child may be the victim of bullying. Do not approach another child or parent.

5.3 If incidents persist keep a written record; WHO is involved, WHAT happened, WHERE it happened and WHEN.

5.4 Encourage your child to communicate their feelings and seek help.

5.5 Do not encourage your child to hit back.

5.6 If your child is a victim of bullies make sure she/he knows that there is nothing wrong with her/him.

6.0 WORKING AS PARTNERS



Many children bully at some time. If you or the school has reason to suspect that your child is involved, either as a **BULLY** or a **VICTIM**, we will need to support each other to overcome the problem.

7.0 LAKE ROAD PTA SCHOOL COMMUNITY BELIEVES:

7.1 Bullying is harmful to us all.

7.2 We want to prevent bullying behaviour.

7.3 We must not accept any form of bullying by child or adult.

7.4 We must work together to keep our school a safe and happy place.